

Tropical Splash Short Course Yards Swim Meet 2017

George Washington Rec Center
Alexandria, VA
January 29, 2017
Potomac Valley LMSC Sanction # 107-S001

Meet Director: Katie McWilliams Email: klm3y@ameritech.net

Referee: Mike Rubin

Starter: Pam Starke-Reed

Administrative Referee: Jim Thompson

Stroke & Turn: Steve Pitler

Stroke & Turn: John Kost

Women 18-24 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
---			25.89		
Dromerick, Bridget	20	Uc10-10		NS	

Women 18-24 100 Yard Freestyle

			56.43		
1 Dromerick, Bridget	20	Uc10-10		57.26	
	26.97	57.26 (30.29)			
---			1:03.25		
Bade, Marian W	22	Alexandria Masters Swimming-10		NS	

Women 18-24 200 Yard Freestyle

			2:01.15		
1 Dromerick, Bridget	20	Uc10-10		2:02.77	
	28.20	59.54 (31.34) 1:31.38 (31.84)	2:02.77 (31.39)		
			3:10.00		
2 Sours, Kate	18	Lane 4 Swimming-10		2:50.58	
	40.51	1:24.12 (43.61) 2:08.18 (44.06)	2:50.58 (42.40)		

Women 18-24 500 Yard Freestyle

			8:30.00		
1 Sours, Kate	18	Lane 4 Swimming-10		7:45.69	
	41.27	1:25.86 (44.59) 2:11.65 (45.79)	2:58.76 (47.11)		
	3:45.64 (46.88)	4:33.39 (47.75) 5:22.05 (48.66)	6:11.03 (48.98)		
	7:00.26 (49.23)	7:45.69 (45.43)			

Women 18-24 50 Yard Backstroke

			31.00		
1 Adams, Gail	23	Virginia Masters Swim Team-12		32.53	

Women 18-24 100 Yard Backstroke

			1:09.00		
1 Adams, Gail	23	Virginia Masters Swim Team-12		1:07.75	
	32.57	1:07.75 (35.18)			

---	Dromerick, Bridget	20	Uc10-10	1:02.65	NS
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Women 18-24 200 Yard Backstroke

1	Adams, Gail	23	Virginia Masters Swim Team-12	2:25.00	2:26.49
	34.35		1:11.82 (37.47) 1:49.16 (37.34) 2:26.49 (37.33)		

Women 18-24 100 Yard IM

1	Adams, Gail	23	Virginia Masters Swim Team-12	1:13.00	1:11.23
	31.57		1:11.23 (39.66)		

Women 18-24 400 Yard IM

---	Bade, Marian W	22	Alexandria Masters Swimming-10	5:11.49	NS
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Women 25-29 50 Yard Freestyle

1	Mizerak, Gabrielle M	25	Club Tribe-12	24.50	26.64
2	Obenhuber, Briana	28	Alexandria Masters Swimming-10	29.00	28.03
3	Schwartz, Carleigh	26	Arlington Masters-10	28.93	28.39
4	Duarte, Ana	27	Arlington Masters-10	32.00	28.96
5	Aepli, Lauren E	29	Alexandria Masters Swimming-10	27.92	29.12
6	Van Cise, Kelsie E	26	Reston Masters Swim Team-10	34.00	31.87
7	Vayda, Shannon E	28	Alexandria Masters Swimming-10	32.67	32.69
8	Oymak, Ceylan I	25	Uc10-10	NT	38.61
---	Baughner, Liz	28	Club Tribe-12	NT	NS

Women 25-29 100 Yard Freestyle

1	Falcone, Marina	29	Club Tribe-12	54.50	53.09
	26.02		53.09 (27.07)		
2	Schwartz, Carleigh	26	Arlington Masters-10	1:05.71	1:01.24
	29.68		1:01.24 (31.56)		
3	Duarte, Ana	27	Arlington Masters-10	1:05.00	1:03.72
	29.91		1:03.72 (33.81)		

4	Sidoti, Barbara	33.34	27	Reston Masters Swim Team-10	1:06.00	1:08.50
						1:08.50 (35.16)
5	Snyder, Rachel	33.70	25	Arlington Masters-10	1:15.00	1:10.64
						1:10.64 (36.94)
6	Oymak, Ceylan I		25	Uc10-10	NT	1:26.38
---	Wallace, Devon		26	Virginia Masters Swim Team-12	58.73	NS

Women 25-29 200 Yard Freestyle

1	Schwartz, Carleigh	31.46	26	Arlington Masters-10	2:18.64	2:17.65
						1:05.21 (33.75) 1:40.83 (35.62) 2:17.65 (36.82)
2	Baughner, Liz	32.05	28	Club Tribe-12	NT	2:19.01
						1:07.08 (35.03) 1:43.20 (36.12) 2:19.01 (35.81)
3	Vayda, Shannon E	35.47	28	Alexandria Masters Swimming-10	2:28.28	2:32.19
						1:13.48 (38.01) 1:53.11 (39.63) 2:32.19 (39.08)
4	Oymak, Ceylan I	45.34	25	Uc10-10	NT	3:12.11
						1:33.55 (48.21) 3:12.11 (1:38.56)

Women 25-29 500 Yard Freestyle

1	Antos, Jess	32.42	25	Uc12-12	6:08.00	6:09.06
						1:08.05 (35.63) 1:44.59 (36.54) 2:21.60 (37.01)
						2:59.16 (37.56) 3:37.34 (38.18) 4:15.71 (38.37) 4:53.84 (38.13)
						5:31.67 (37.83) 6:09.06 (37.39)
2	Baughner, Liz	31.52	28	Club Tribe-12	NT	6:12.53
						1:06.22 (34.70) 1:43.62 (37.40) 2:21.76 (38.14)
						3:00.45 (38.69) 3:39.36 (38.91) 4:17.84 (38.48) 4:56.19 (38.35)
						5:34.90 (38.71) 6:12.53 (37.63)
3	Vayda, Shannon E	36.49	28	Alexandria Masters Swimming-10	6:38.99	6:45.09
						1:15.65 (39.16) 1:55.74 (40.09) 2:36.03 (40.29)
						3:17.43 (41.40) 3:59.17 (41.74) 4:40.86 (41.69) 5:22.58 (41.72)
						6:04.71 (42.13) 6:45.09 (40.38)
4	Rider, Erin	38.69	25	Sea Devil Swimming Masters-10	7:10.00	7:00.73
						1:20.82 (42.13) 2:03.54 (42.72) 2:46.57 (43.03)
						3:29.27 (42.70) 4:11.64 (42.37) 4:54.54 (42.90) 5:36.95 (42.41)
						7:00.73 (1:23.78)

Women 25-29 50 Yard Backstroke

1	Obenhuber, Briana		28	Alexandria Masters Swimming-10	33.00	32.04
2	Wallace, Devon		26	Virginia Masters Swim Team-12	NT	34.83

3	Rider, Erin	25	Sea Devil Swimming Masters-10	42.00	37.18
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Women 25-29 100 Yard Backstroke

1	Obenhuber, Briana	28	Alexandria Masters Swimming-10	1:14.00	1:09.89
	33.76		1:09.89 (36.13)		
2	Aeppli, Lauren E	29	Alexandria Masters Swimming-10	1:10.79	1:11.49
	34.96		1:11.49 (36.53)		
3	Sidoti, Barbara	27	Reston Masters Swim Team-10	1:16.00	1:16.96
	37.37		1:16.96 (39.59)		
4	Rider, Erin	25	Sea Devil Swimming Masters-10	1:18.00	1:18.45
	38.09		1:18.45 (40.36)		

Women 25-29 200 Yard Backstroke

1	Obenhuber, Briana	28	Alexandria Masters Swimming-10	2:43.00	2:37.18
	36.18		1:15.61 (39.43) 1:57.33 (41.72) 2:37.18 (39.85)		
2	Vayda, Shannon E	28	Alexandria Masters Swimming-10	2:54.19	2:54.38
	41.04		1:24.50 (43.46) 2:09.98 (45.48) 2:54.38 (44.40)		

Women 25-29 50 Yard Breaststroke

1	Mizerak, Gabrielle M	25	Club Tribe-12	36.00	35.01
2	Van Cise, Kelsie E	26	Reston Masters Swim Team-10	38.50	39.03
3	Snyder, Rachel	25	Arlington Masters-10	43.55	43.42

Women 25-29 100 Yard Breaststroke

1	Smickley, Megan B	28	Fredricksburg American Family-12	1:21.13	1:20.94
	38.52		1:20.94 (42.42)		
2	Snyder, Rachel	25	Arlington Masters-10	1:32.27	1:35.75
	44.76		1:35.75 (50.99)		
---	Van Cise, Kelsie E	26	Reston Masters Swim Team-10	1:26.00	NS

Women 25-29 50 Yard Butterfly

1	Mizerak, Gabrielle M	25	Club Tribe-12	26.50	26.65
2	Falcone, Marina	29	Club Tribe-12	28.00	27.02
				29.91	

3 Aepli, Lauren E 29 Alexandria Masters Swimming-10 30.49

Women 25-29 100 Yard Butterfly

1	Falcone, Marina	29	Club Tribe-12	58.00	59.05
	27.78		59.05 (31.27)		
2	Mizerak, Gabrielle M	25	Club Tribe-12	59.50	1:00.50
	28.16		1:00.50 (32.34)		
3	Smickley, Megan B	28	Fredricksburg American Family-12	1:11.32	1:09.65
	32.23		1:09.65 (37.42)		
4	Aepli, Lauren E	29	Alexandria Masters Swimming-10	1:10.92	1:15.48
	33.75		1:15.48 (41.73)		

Women 25-29 100 Yard IM

1	Antos, Jess	25	Uc12-12	1:13.00	1:10.84
	32.48		1:10.84 (38.36)		
2	Wallace, Devon	26	Virginia Masters Swim Team-12	NT	1:13.53
	35.06		1:13.53 (38.47)		
3	Sidoti, Barbara	27	Reston Masters Swim Team-10	1:24.00	1:20.23
	36.85		1:20.23 (43.38)		
4	Rider, Erin	25	Sea Devil Swimming Masters-10	1:25.00	1:21.00
	38.56		1:21.00 (42.44)		
5	Van Cise, Kelsie E	26	Reston Masters Swim Team-10	1:24.00	1:21.73
	40.19		1:21.73 (41.54)		
6	Snyder, Rachel	25	Arlington Masters-10	1:21.31	1:22.85
	39.31		1:22.85 (43.54)		

Women 25-29 200 Yard IM

1	Smickley, Megan B	28	Fredricksburg American Family-12	2:36.26	2:34.40
	32.96		1:13.21 (40.25) 1:57.90 (44.69) 2:34.40 (36.50)		
2	Wallace, Devon	26	Virginia Masters Swim Team-12	2:29.91	2:40.63
	32.75		1:14.55 (41.80) 2:03.32 (48.77) 2:40.63 (37.31)		

Women 25-29 400 Yard IM

---	Smickley, Megan B	28	Fredricksburg American Family-12	5:20.50	DQ
	33.32		1:13.62 (40.30) 1:56.85 (43.23) 2:39.72 (42.87)		
	3:25.35 (45.63)		4:11.35 (46.00) 4:50.66 (39.31) DQ (37.13)		

Women 30-34 50 Yard Freestyle

1	Appel, Lindsey M	31	Uc12-12	26.00	27.35
2	Ziv, Carolyn M	34	Arlington Masters-10	28.00	27.85
3	Jakubchak, Lindsey N	34	Alexandria Masters Swimming-10	28.32	28.28
4	Mathey Lambeth, Alison	32	Arlington Masters-10	28.50	28.74
5	Trainor, Gabriela	31	Reston Masters Swim Team-10	33.00	31.57
6	Cox, Michele M	32	Reston Masters Swim Team-10	32.52	32.12
7	Burnett, Kathryn	31	Arlington Masters-10	35.45	34.81
8	Goldberg, Julie F	32	Montgomery Ancient Mariners-10	34.00	36.51
9	Hufford, Ellen U	34	Arlington Masters-10	36.40	37.85
---	Pratt, Ashley S	31	Virginia Masters Swim Team-12	40.00	NS

Women 30-34 100 Yard Freestyle

1	McWilliams, Katie L	33	Alexandria Masters Swimming-10	58.23	59.49
	28.92		59.49 (30.57)		
2	Appel, Lindsey M	31	Uc12-12	58.05	1:00.06
	28.72		1:00.06 (31.34)		
3	Ziv, Carolyn M	34	Arlington Masters-10	1:05.00	1:00.72
	29.60		1:00.72 (31.12)		
4	Mathey Lambeth, Alison	32	Arlington Masters-10	1:04.00	1:03.98
	30.21		1:03.98 (33.77)		
5	Cox, Michele M	32	Reston Masters Swim Team-10	1:09.74	1:11.88
	34.19		1:11.88 (37.69)		
6	Pratt, Ashley S	31	Virginia Masters Swim Team-12	1:25.00	1:20.83
	37.67		1:20.83 (43.16)		
7	Goldberg, Julie F	32	Montgomery Ancient Mariners-10	1:18.00	1:21.86
	38.02		1:21.86 (43.84)		
8	Hufford, Ellen U	34	Arlington Masters-10	1:20.43	1:23.39
	40.51		1:23.39 (42.88)		

Women 30-34 200 Yard Freestyle

				2:03.12	
1	McWilliams, Katie L	33	Alexandria Masters Swimming-10		2:08.74
	29.58	1:02.15 (32.57)	1:35.48 (33.33)	2:08.74 (33.26)	
				2:15.00	
2	Ziv, Carolyn M	34	Arlington Masters-10		2:10.92
	29.81	1:02.82 (33.01)	1:37.41 (34.59)	2:10.92 (33.51)	
				2:24.42	
3	Taylor, Alaina	34	Alexandria Masters Swimming-10		2:27.61
	33.62	1:11.14 (37.52)	1:49.36 (38.22)	2:27.61 (38.25)	
				2:31.85	
4	Miller, Allison L	33	Arlington Masters-10		2:31.42
	33.38	1:11.03 (37.65)	1:51.52 (40.49)	2:31.42 (39.90)	
				2:50.51	
5	Hufford, Ellen U	34	Arlington Masters-10		2:59.73
	42.36	1:29.03 (46.67)	2:16.63 (47.60)	2:59.73 (43.10)	
				3:30.02	
6	Duquette, Michelle K	34	Lane 4 Swimming-10		3:31.10
	47.66	1:40.27 (52.61)	2:37.09 (56.82)	3:31.10 (54.01)	
				2:40.87	
---	Baughman, Jess N	33	Alexandria Masters Swimming-10		NS

Women 30-34 500 Yard Freestyle

				5:25.16	
1	McWilliams, Katie L	33	Alexandria Masters Swimming-10		5:34.59
	30.12	1:03.41 (33.29)	1:37.77 (34.36)	2:12.01 (34.24)	
	2:46.10 (34.09)	3:20.12 (34.02)	3:53.86 (33.74)	4:27.72 (33.86)	
	5:01.50 (33.78)	5:34.59 (33.09)			
				6:00.00	
2	Appel, Lindsey M	31	Uc12-12		6:06.43
	30.98	1:05.19 (34.21)	1:40.88 (35.69)	2:17.67 (36.79)	
	2:55.36 (37.69)	3:33.82 (38.46)	4:12.19 (38.37)	4:50.82 (38.63)	
	5:29.37 (38.55)	6:06.43 (37.06)			
				6:41.64	
3	Taylor, Alaina	34	Alexandria Masters Swimming-10		6:32.58
	35.61	1:14.15 (38.54)	1:53.89 (39.74)	2:33.57 (39.68)	
	3:13.60 (40.03)	3:53.88 (40.28)	4:33.62 (39.74)	5:14.14 (40.52)	
	5:53.79 (39.65)	6:32.58 (38.79)			
				9:30.00	
4	Duquette, Michelle K	34	Lane 4 Swimming-10		9:18.43
	50.17	1:44.55 (54.38)	2:40.47 (55.92)	3:37.81 (57.34)	
	4:33.20 (55.39)	5:30.56 (57.36)	6:26.71 (56.15)	7:23.42 (56.71)	
	9:18.43 (1:55.01)				

Women 30-34 50 Yard Backstroke

				33.00	
1	Mathey Lambeth, Alison	32	Arlington Masters-10		33.56
				39.00	
2	Trainor, Gabriela	31	Reston Masters Swim Team-10		38.69

Women 30-34 100 Yard Backstroke

1:12.00

1 Mathey Lambeth, Alison 32 Arlington Masters-10 1:11.52
34.49 1:11.52 (37.03)

2 Ziv, Carolyn M 34 Arlington Masters-10 1:20.00
35.30 1:11.81 (36.51) 1:11.81

Women 30-34 200 Yard Backstroke

1 Taylor, Alaina 34 Alexandria Masters Swimming-10 2:50.71
39.40 1:19.93 (40.53) 2:01.42 (41.49) 2:41.93 (40.51) 2:41.93

Women 30-34 50 Yard Breaststroke

1 Jakubchak, Lindsey N 34 Alexandria Masters Swimming-10 35.42
34.53

2 Miller, Allison L 33 Arlington Masters-10 41.08
38.46

3 Baughman, Jess N 33 Alexandria Masters Swimming-10 42.70
42.76

4 Goldberg, Marci 32 Lane 4 Swimming-10 48.63
46.44

5 Pratt, Ashley S 31 Virginia Masters Swim Team-12 50.00
46.73

6 Hufford, Ellen U 34 Arlington Masters-10 52.55
52.92

Women 30-34 100 Yard Breaststroke

1 McWilliams, Katie L 33 Alexandria Masters Swimming-10 1:15.43
36.31 1:16.45 (40.14) 1:16.45

2 Miller, Allison L 33 Arlington Masters-10 1:27.07
39.67 1:24.90 (45.23) 1:24.90

3 Baughman, Jess N 33 Alexandria Masters Swimming-10 1:32.86
44.10 1:32.89 (48.79) 1:32.89

4 Goldberg, Marci 32 Lane 4 Swimming-10 1:55.15
48.38 1:40.64 (52.26) 1:40.64

Women 30-34 200 Yard Breaststroke

1 Baughman, Jess N 33 Alexandria Masters Swimming-10 3:15.00
44.82 1:36.12 (51.30) 2:29.47 (53.35) 3:22.60 (53.13) 3:22.60

Women 30-34 50 Yard Butterfly

1 Jakubchak, Lindsey N 34 Alexandria Masters Swimming-10 30.42
29.42

2 Trainor, Gabriela 31 Reston Masters Swim Team-10 37.00
35.88

37.67

3 Burnett, Kathryn 31 Arlington Masters-10 37.27

Women 30-34 200 Yard Butterfly

1 Goldberg, Marci 32 Lane 4 Swimming-10 3:20.29 3:13.90
45.34 1:33.81 (48.47) 2:25.59 (51.78) 3:13.90 (48.31)

Women 30-34 100 Yard IM

1 Appel, Lindsey M 31 Uc12-12 1:06.17 1:08.56
31.54 1:08.56 (37.02)

2 Trainor, Gabriela 31 Reston Masters Swim Team-10 1:26.00 1:21.48
38.94 1:21.48 (42.54)

3 Cox, Michele M 32 Reston Masters Swim Team-10 1:24.00 1:24.32
39.79 1:24.32 (44.53)

--- Pratt, Ashley S 31 Virginia Masters Swim Team-12 1:45.00 NS

Women 30-34 200 Yard IM

1 Jakubchak, Lindsey N 34 Alexandria Masters Swimming-10 2:32.42 2:24.24
31.20 1:08.50 (37.30) 1:50.56 (42.06) 2:24.24 (33.68)

Women 30-34 400 Yard IM

1 Goldberg, Julie F 32 Montgomery Ancient Mariners-10 7:15.00 7:13.02
47.64 1:43.30 (55.66) 2:38.44 (55.14) 3:34.81 (56.37)
4:34.11 (59.30) 5:36.49 (1:02.38) 7:13.02 (1:36.53)

Women 35-39 50 Yard Freestyle

1 Grier, Katie 38 Club Tribe-12 24.80 25.24

2 Wolf, Katie K 36 Alexandria Masters Swimming-10 NT 29.64

3 Hewitt, Sara 36 District Of Columbia Aquatics-10 29.74 29.77

4 Lovett, Lindsay R 38 Club Tribe-12 33.51 34.25

5 Kreseen, Stephanie 38 Arlington Masters-10 50.00 38.97

--- O'Brien, Kimberly 35 Lane 4 Swimming-10 35.03 NS

Women 35-39 100 Yard Freestyle

1 Wolf, Katie K 36 Alexandria Masters Swimming-10 NT 1:06.87
32.25 1:06.87 (34.62)

1:50.00

2	Kreseen, Stephanie	38	Arlington Masters-10		1:29.22
	43.46		1:29.22 (45.76)		

Women 35-39 500 Yard Freestyle

1	Anderson, Victoria K	36	DC Dept Of Recreation & Parks-10	6:26.65	6:28.12
	35.80		1:14.80 (39.00) 1:53.62 (38.82) 2:32.79 (39.17)		
	3:11.71 (38.92)		3:51.76 (40.05) 4:30.95 (39.19) 5:50.31 (1:19.36)		
	6:28.24 (37.93)		6:28.12 ()		

Women 35-39 50 Yard Backstroke

1	Hewitt, Sara	36	District Of Columbia Aquatics-10	37.91	37.82
2	Lovett, Lindsay R	38	Club Tribe-12	41.92	44.14
3	Kreseen, Stephanie	38	Arlington Masters-10	50.00	44.63

Women 35-39 100 Yard Backstroke

1	Grier, Katie	38	Club Tribe-12	1:04.85	1:05.18
	31.58		1:05.18 (33.60)		
2	Anderson, Victoria K	36	DC Dept Of Recreation & Parks-10	1:16.00	1:18.69
	39.15		1:18.69 (39.54)		
3	Kreseen, Stephanie	38	Arlington Masters-10	2:00.00	1:33.34
	43.96		1:33.34 (49.38)		

Women 35-39 200 Yard Backstroke

1	Kays, Amelia B	37	Alexandria Masters Swimming-10	2:35.35	2:41.20
	38.72		1:19.38 (40.66) 2:00.61 (41.23) 2:41.20 (40.59)		
2	Anderson, Victoria K	36	DC Dept Of Recreation & Parks-10	2:42.67	2:42.43
	40.39		1:21.65 (41.26) 2:02.58 (40.93) 2:42.43 (39.85)		

Women 35-39 50 Yard Breaststroke

1	Wolf, Katie K	36	Alexandria Masters Swimming-10	NT	37.27
2	Kays, Amelia B	37	Alexandria Masters Swimming-10	37.73	38.93
3	Hewitt, Sara	36	District Of Columbia Aquatics-10	42.24	42.99
---	O'Brien, Kimberly	35	Lane 4 Swimming-10	40.06	NS

Women 35-39 100 Yard Breaststroke

1	Kays, Amelia B	37	Alexandria Masters Swimming-10	1:23.07	1:25.14
	41.51		1:25.14 (43.63)		

Women 35-39 200 Yard Breaststroke

---	O'Brien, Kimberly	35	Lane 4 Swimming-10	3:17.91	NS
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Women 35-39 50 Yard Butterfly

1	Grier, Katie	38	Club Tribe-12	27.50	28.02
2	Hewitt, Sara	36	District Of Columbia Aquatics-10	34.11	33.37

Women 35-39 100 Yard IM

1	Wolf, Katie K	36	Alexandria Masters Swimming-10	NT	1:13.88
	33.11		1:13.88 (40.77)		
---	O'Brien, Kimberly	35	Lane 4 Swimming-10	1:34.57	NS

Women 35-39 200 Yard IM

1	Mazur, Jessica	36	Alexandria Masters Swimming-10	2:30.00	2:34.97
	32.05		1:13.89 (41.84) 2:00.00 (46.11) 2:34.97 (34.97)		
2	Kays, Amelia B	37	Alexandria Masters Swimming-10	2:52.97	2:46.89
	38.06		1:18.99 (40.93) 2:06.33 (47.34) 2:46.89 (40.56)		

Women 40-44 50 Yard Freestyle

1	Granade, Sarah	42	Arlington Masters-10	NT	26.04
2	Muscillo, Kara L	40	Uc07-7	30.00	28.62
3	Kitt, Michelle A	42	Peluso Open Water Masters-12	29.48	29.49
4	Rubin, Hannah G	41	Montgomery Ancient Mariners-10	29.42	29.63
5	Algera, Bonnie L	40	Uc12-12	35.00	31.63

Women 40-44 100 Yard Freestyle

1	Granade, Sarah	42	Arlington Masters-10	NT	1:01.79
	30.65		1:01.79 (31.14)		
2	Kitt, Michelle A	42	Peluso Open Water Masters-12	1:07.80	1:06.67
	32.15		1:06.67 (34.52)		
3	Nitschke, Frauke	41	Lane 4 Swimming-10	NT	1:12.17
	34.49		1:12.17 (37.68)		

Women 40-44 200 Yard Freestyle

2:52.00

--- Kitt, Michelle A 42 Peluso Open Water Masters-12 NS

Women 40-44 50 Yard Backstroke

1	Muscillo, Kara L	40	Uc07-7	NT	32.62
				36.67	
2	Rubin, Hannah G	41	Montgomery Ancient Mariners-10		36.26
				30.63	
---	Limke, Tobi L	41	Eagle Swim Team Masters-9		NS

Women 40-44 50 Yard Breaststroke

1	Nitschke, Frauke	41	Lane 4 Swimming-10	NT	44.96
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Women 40-44 100 Yard Breaststroke

1	Rubin, Hannah G	41	Montgomery Ancient Mariners-10	1:28.00	1:25.78
	40.25		1:25.78 (45.53)		
---	Limke, Tobi L	41	Eagle Swim Team Masters-9	1:17.55	NS

Women 40-44 50 Yard Butterfly

1	Granade, Sarah	42	Arlington Masters-10	NT	29.60
2	Muscillo, Kara L	40	Uc07-7	NT	30.74

Women 40-44 100 Yard IM

1	Granade, Sarah	42	Arlington Masters-10	NT	1:13.18
	34.79		1:13.18 (38.39)		
2	Muscillo, Kara L	40	Uc07-7	NT	1:14.94
	35.40		1:14.94 (39.54)		
3	Algera, Bonnie L	40	Uc12-12	1:40.00	1:22.99
	41.76		1:22.99 (41.23)		
4	Kitt, Michelle A	42	Peluso Open Water Masters-12	1:25.54	1:27.75
	41.27		1:27.75 (46.48)		

Women 40-44 200 Yard IM

1	Rubin, Hannah G	41	Montgomery Ancient Mariners-10	2:50.00	2:49.94
	36.52		1:21.71 (45.19) 2:11.17 (49.46) 2:49.94 (38.77)		
2	Algera, Bonnie L	40	Uc12-12	3:30.00	3:01.76
	38.69		1:29.02 (50.33) 2:19.61 (50.59) 3:01.76 (42.15)		
---	Limke, Tobi L	41	Eagle Swim Team Masters-9	2:22.50	NS

Women 40-44 400 Yard IM

					NT	
1	Nitschke, Frauke	41	Lane 4 Swimming-10			6:50.42
	43.23	1:36.02 (52.79)	2:28.05 (52.03)	3:20.51 (52.46)		
	4:18.74 (58.23)	5:21.27 (1:02.53)	6:06.65 (45.38)	6:50.42 (43.77)		

Women 45-49 50 Yard Freestyle

				26.61	
1	Dawson, Deborah	48	Eagle Swim Team Masters-9		26.27
				43.35	
2	Chu, Jan I	49	Freedom Aquatic Club-12		46.74
				56.00	
3	Shang, Alice	46	Arlington Masters-10		51.57

Women 45-49 100 Yard Freestyle

				1:13.99	
1	Travia, Cynthia R	45	Alexandria Masters Swimming-10		1:12.06
	34.26	1:12.06 (37.80)			
				1:40.00	
2	Murrell, Christy L	47	Sportfit Lab-10		1:18.94

Women 45-49 200 Yard Freestyle

				2:27.00	
1	Ihrig, Ylva	47	Lane 4 Swimming-10		2:20.37
	33.08	1:08.29 (35.21)	1:44.72 (36.43)	2:20.37 (35.65)	
				2:43.99	
2	Travia, Cynthia R	45	Alexandria Masters Swimming-10		2:45.32
	35.58	1:15.91 (40.33)	1:59.98 (44.07)	2:45.32 (45.34)	
				3:20.00	
3	Murrell, Christy L	47	Sportfit Lab-10		2:58.64
	38.44	1:23.63 (45.19)	2:11.18 (47.55)	2:58.64 (47.46)	

Women 45-49 500 Yard Freestyle

				5:48.82	
1	Dawson, Deborah	48	Eagle Swim Team Masters-9		5:31.34
	30.28	1:02.95 (32.67)	1:36.17 (33.22)	2:09.81 (33.64)	
	2:43.42 (33.61)	3:17.34 (33.92)	3:51.08 (33.74)	4:24.81 (33.73)	
	4:58.65 (33.84)	5:31.34 (32.69)			

Women 45-49 50 Yard Backstroke

				50.24	
1	Chu, Jan I	49	Freedom Aquatic Club-12		49.10

Women 45-49 100 Yard Backstroke

				1:20.00	
1	Ihrig, Ylva	47	Lane 4 Swimming-10		1:14.93
	37.04	1:14.93 (37.89)			

Women 45-49 200 Yard Backstroke

				2:29.50	
1	Pellegrini, Traci A	47	Columbia Masters Swim Team-9		2:29.32

34.91 1:12.93 (38.02) 1:51.50 (38.57) 2:29.32 (37.82)

Women 45-49 50 Yard Breaststroke

1	Murrell, Christy L	47 Sportfit Lab-10	43.00	41.24
2	Shang, Alice	46 Arlington Masters-10	58.00	54.94

Women 45-49 100 Yard Breaststroke

1	Shang, Alice	46 Arlington Masters-10	2:00.00	2:01.12
	57.93	2:01.12 (1:03.19)		

Women 45-49 200 Yard Breaststroke

1	Pellegrini, Traci A	47 Columbia Masters Swim Team-9	2:47.30	2:45.46
	38.26	1:20.11 (41.85) 2:03.14 (43.03) 2:45.46 (42.32)		

Women 45-49 50 Yard Butterfly

1	Ihrig, Ylva	47 Lane 4 Swimming-10	33.20	33.04
2	Travia, Cynthia R	45 Alexandria Masters Swimming-10	39.79	38.38

Women 45-49 100 Yard IM

1	Dawson, Deborah	48 Eagle Swim Team Masters-9	1:10.00	1:07.16
	31.99	1:07.16 (35.17)		
2	Pellegrini, Traci A	47 Columbia Masters Swim Team-9	1:08.40	1:07.55
	31.78	1:07.55 (35.77)		
3	Travia, Cynthia R	45 Alexandria Masters Swimming-10	1:26.16	1:24.25
	40.59	1:24.25 (43.66)		

Women 45-49 200 Yard IM

1	Pellegrini, Traci A	47 Columbia Masters Swim Team-9	2:26.50	2:26.04
	31.53	1:09.93 (38.40) 1:52.26 (42.33) 2:26.04 (33.78)		

Women 50-54 50 Yard Freestyle

1	Rapuano, Lisa O	51 Eagle Swim Team Masters-9	26.55	26.97
2	Ekstrom, Gretchen	50 Lane 4 Swimming-10	32.00	28.89
3	Restrepo, Marie	54 Uc12-12	NT	31.28
4	Rider, Kara M	53 Uc10-10	35.00	35.13
5	Wetzel, Denise	51 Uc12-12	40.00	38.06

---	Groves, Lisa J	51	Reston Masters Swim Team-10	28.50	NS
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Women 50-54 100 Yard Freestyle

1	Rapuano, Lisa O	51	Eagle Swim Team Masters-9	57.61	1:00.57
	29.55		1:00.57 (31.02)		
2	Dombay, Denise L	50	Germantown Maryland Masters-10	1:03.50	1:02.83
	31.00		1:02.83 (31.83)		
3	Ekstrom, Gretchen	50	Lane 4 Swimming-10	1:05.00	1:04.07
	31.13		1:04.07 (32.94)		
4	Schaffer, Robyn	54	Eagle Swim Team Masters-9	NT	1:08.63
	33.97		1:08.63 (34.66)		
5	Mackall, Suni L	54	Virginia Masters Swim Team-12	1:18.09	1:15.13
	35.88		1:15.13 (39.25)		
6	Rider, Kara M	53	Uc10-10	1:18.00	1:16.93

Women 50-54 200 Yard Freestyle

1	Rapuano, Lisa O	51	Eagle Swim Team Masters-9	2:06.42	2:13.66
	32.04		1:06.26 (34.22) 1:40.63 (34.37) 2:13.66 (33.03)		
2	Dombay, Denise L	50	Germantown Maryland Masters-10	2:13.00	2:16.93
	31.97		1:06.45 (34.48) 1:41.74 (35.29) 2:16.93 (35.19)		
3	Ekstrom, Gretchen	50	Lane 4 Swimming-10	2:25.00	2:21.02
	32.84		1:09.08 (36.24) 1:45.66 (36.58) 2:21.02 (35.36)		
4	Rider, Kara M	53	Uc10-10	2:50.00	2:48.40
	38.22		1:21.57 (43.35) 2:48.40 (1:26.83)		

Women 50-54 500 Yard Freestyle

1	Rapuano, Lisa O	51	Eagle Swim Team Masters-9	5:53.27	5:52.74
	32.73		1:07.26 (34.53) 1:42.19 (34.93) 2:17.29 (35.10)		
	2:52.29 (35.00)		3:27.60 (35.31) 4:03.45 (35.85) 4:39.99 (36.54)		
	5:16.88 (36.89)		5:52.74 (35.86)		
2	Mackall, Suni L	54	Virginia Masters Swim Team-12	8:21.46	7:26.48
	41.41		1:25.69 (44.28) 2:11.25 (45.56) 2:57.11 (45.86)		
	3:42.90 (45.79)		4:28.38 (45.48) 5:14.32 (45.94) 5:59.20 (44.88)		
	6:44.63 (45.43)		7:26.48 (41.85)		
3	Rider, Kara M	53	Uc10-10	8:00.00	7:31.99
	39.58		1:24.51 (44.93) 2:09.96 (45.45) 2:56.19 (46.23)		

3:43.03 (46.84) 4:29.20 (46.17) 5:16.39 (47.19) 6:03.45 (47.06)
 6:49.24 (45.79) 7:31.99 (42.75)

Women 50-54 100 Yard Backstroke

1 Ekstrom, Gretchen	50 Lane 4 Swimming-10	1:20.00	1:15.16
36.57	1:15.16 (38.59)		
--- Jaeger, Debbie K	54 Virginia Masters Swim Team-12	1:20.22	NS

Women 50-54 200 Yard Backstroke

--- Jaeger, Debbie K	54 Virginia Masters Swim Team-12	2:50.55	NS
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Women 50-54 50 Yard Breaststroke

1 Di Pippa, Tammy J	50 Riptide Masters-10	36.97	37.53
		NT	41.79
2 Restrepo, Marie	54 Uc12-12	52.00	47.96
3 Wetzel, Denise	51 Uc12-12	36.00	NS
--- Groves, Lisa J	51 Reston Masters Swim Team-10		

Women 50-54 100 Yard Breaststroke

1 Schaffer, Robyn	54 Eagle Swim Team Masters-9	NT	1:28.79
43.84	1:28.79 (44.95)		
--- Groves, Lisa J	51 Reston Masters Swim Team-10	1:22.00	NS

Women 50-54 50 Yard Butterfly

1 Wetzel, Denise	51 Uc12-12	45.00	44.54
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Women 50-54 100 Yard IM

1 Dombay, Denise L	50 Germantown Maryland Masters-10	1:14.00	1:13.23
35.56	1:13.23 (37.67)		
2 Di Pippa, Tammy J	50 Riptide Masters-10	1:18.75	1:18.34
38.78	1:18.34 (39.56)		
3 Restrepo, Marie	54 Uc12-12	NT	1:20.23
38.03	1:20.23 (42.20)		
4 Wetzel, Denise	51 Uc12-12	1:40.00	1:36.56
--- Groves, Lisa J	51 Reston Masters Swim Team-10	1:14.00	NS

Women 50-54 200 Yard IM

1	Dombay, Denise L	50	Germantown Maryland Masters-10	2:40.00	2:38.23
	34.17	1:14.23 (40.06)	2:01.35 (47.12)	2:38.23 (36.88)	

Women 55-59 50 Yard Freestyle

1	Hasselquist, Lauren A	58	Tidewater Masters Swimming-12	31.00	30.86
2	McCreery, Genie S	55	Alexandria Masters Swimming-10	38.00	36.27
3	Frost, Holly C	57	Lane 4 Swimming-10	39.00	38.64
4	Dixon, Deborah A	56	Arlington Masters-10	NT	42.56

Women 55-59 100 Yard Freestyle

1	Christiansen, Kathleen E	58	Reston Masters Swim Team-10	2:02.95	2:03.62
	57.86	2:03.62 (1:05.76)			

Women 55-59 200 Yard Freestyle

1	Menes, Rebecca A	55	District Of Columbia Aquatics-10	3:35.00	3:22.26
	44.16	1:36.16 (52.00)	2:32.56 (56.40)	3:22.26 (49.70)	

Women 55-59 500 Yard Freestyle

1	Menes, Rebecca A	55	District Of Columbia Aquatics-10	9:00.00	9:13.13
	45.83	1:37.86 (52.03)	2:34.16 (56.30)	3:33.39 (59.23)	
	4:31.26 (57.87)	5:28.12 (56.86)	6:25.78 (57.66)	7:23.71 (57.93)	
	8:21.98 (58.27)	9:13.13 (51.15)			
2	Christiansen, Kathleen E	58	Reston Masters Swim Team-10	11:30.00	10:48.01
	58.42	2:03.20 (1:04.78)	3:09.09 (1:05.89)	4:14.37 (1:05.28)	
	5:20.63 (1:06.26)	6:27.26 (1:06.63)	7:32.84 (1:05.58)	8:39.13 (1:06.29)	
	9:45.27 (1:06.14)	10:48.01 (1:02.74)			

Women 55-59 50 Yard Backstroke

1	Brightwell, Kim M	57	Reston Masters Swim Team-10	32.50	33.53
2	Hasselquist, Lauren A	58	Tidewater Masters Swimming-12	34.00	34.53
3	Miller, Caroline A	55	Lane 4 Swimming-10	35.00	35.14
4	McCreery, Genie S	55	Alexandria Masters Swimming-10	NT	45.15
5	Dixon, Deborah A	56	Arlington Masters-10	NT	50.49

Women 55-59 100 Yard Backstroke

1:15.00

1	Hasselquist, Lauren A	58	Tidewater Masters Swimming-12	1:15.29
	36.28		1:15.29 (39.01)	

Women 55-59 200 Yard Backstroke

				2:45.00
1	Hasselquist, Lauren A	58	Tidewater Masters Swimming-12	2:44.27
	39.41		1:20.83 (41.42) 2:02.86 (42.03) 2:44.27 (41.41)	

Women 55-59 50 Yard Breaststroke

				36.40
1	Miller, Caroline A	55	Lane 4 Swimming-10	36.32
				43.00
2	McCreery, Genie S	55	Alexandria Masters Swimming-10	46.69
				NT
3	Dixon, Deborah A	56	Arlington Masters-10	49.08
				NT
4	Frost, Holly C	57	Lane 4 Swimming-10	50.57

Women 55-59 50 Yard Butterfly

				30.90
1	Miller, Caroline A	55	Lane 4 Swimming-10	31.48
				32.50
2	Brightwell, Kim M	57	Reston Masters Swim Team-10	32.24
				1:30.00
3	Christiansen, Kathleen E	58	Reston Masters Swim Team-10	1:22.52
				49.32
---	Frost, Holly C	57	Lane 4 Swimming-10	DQ
				45.00
---	McCreery, Genie S	55	Alexandria Masters Swimming-10	NS

Women 55-59 100 Yard IM

				1:10.80
1	Miller, Caroline A	55	Lane 4 Swimming-10	1:12.27
	33.16		1:12.27 (39.11)	
				1:13.00
2	Brightwell, Kim M	57	Reston Masters Swim Team-10	1:17.59
	33.90		1:17.59 (43.69)	
				1:42.00
3	Frost, Holly C	57	Lane 4 Swimming-10	1:40.42
	47.01		1:40.42 (53.41)	
				2:27.22
4	Christiansen, Kathleen E	58	Reston Masters Swim Team-10	2:29.51

Women 55-59 200 Yard IM

				2:42.00
1	Brightwell, Kim M	57	Reston Masters Swim Team-10	2:48.78
	35.18		1:17.74 (42.56) 2:09.55 (51.81) 2:48.78 (39.23)	

Women 65-69 50 Yard Freestyle

--- Andrews, Lynne 69 Germantown Maryland Masters-10 38.11 NS

Women 65-69 100 Yard Freestyle

1 Andrews, Lynne 69 Germantown Maryland Masters-10 1:25.65 1:26.79

Women 65-69 500 Yard Freestyle

1 Loftus-Charley, Shirley A 65 Virginia Masters Swim Team-12 6:15.00 6:15.46
34.82 1:12.60 (37.78) 1:50.40 (37.80) 2:28.42 (38.02)
3:06.52 (38.10) 3:44.19 (37.67) 4:21.82 (37.63) 5:00.08 (38.26)
5:38.17 (38.09) 6:15.46 (37.29)

Women 65-69 50 Yard Backstroke

--- Andrews, Lynne 69 Germantown Maryland Masters-10 43.20 NS

Women 65-69 100 Yard Backstroke

1 Loftus-Charley, Shirley A 65 Virginia Masters Swim Team-12 1:23.75 1:21.46
40.49 1:21.46 (40.97)
2 Andrews, Lynne 69 Germantown Maryland Masters-10 1:41.16 1:38.49
45.85 1:38.49 (52.64)

Women 65-69 200 Yard Butterfly

1 Loftus-Charley, Shirley A 65 Virginia Masters Swim Team-12 2:55.00 2:46.92
37.78 1:20.41 (42.63) 2:04.36 (43.95) 2:46.92 (42.56)

Women 65-69 400 Yard IM

1 Loftus-Charley, Shirley A 65 Virginia Masters Swim Team-12 5:45.00 5:41.79
38.15 1:20.10 (41.95) 2:04.11 (44.01) 2:47.77 (43.66)
3:36.62 (48.85) 4:26.76 (50.14) 5:05.10 (38.34) 5:41.79 (36.69)

Women 70-74 50 Yard Freestyle

1 Hall, Elizabeth A 71 Freedom Aquatic Club-12 1:08.49 1:08.30

Women 70-74 100 Yard Freestyle

1 Manheim, Lucy M 74 Reston Masters Swim Team-10 1:45.00 1:46.71
51.04 1:46.71 (55.67)

Women 70-74 50 Yard Backstroke

1 Pettijohn, Margot K 70 Montgomery Ancient Mariners-10 1:05.55 42.49
55.00
2 Manheim, Lucy M 74 Reston Masters Swim Team-10 56.14
1:10.49
3 Hall, Elizabeth A 71 Freedom Aquatic Club-12 1:12.66

Women 70-74 100 Yard Backstroke

1	Pettijohn, Margot K 43.86	70	Montgomery Ancient Mariners-10 1:28.34 (44.48)	1:50.55	1:28.34
2	Manheim, Lucy M 57.98	74	Reston Masters Swim Team-10 1:56.93 (58.95)	2:00.00	1:56.93

Women 70-74 200 Yard Backstroke

1	Pettijohn, Margot K 46.11	70	Montgomery Ancient Mariners-10 1:33.21 (47.10) 2:22.55 (49.34) 3:11.49 (48.94)	3:30.30	3:11.49
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Women 70-74 100 Yard IM

1	Manheim, Lucy M 1:06.17	74	Reston Masters Swim Team-10 2:25.22 (1:19.05)	2:30.00	2:25.22
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Women 70-74 400 Yard IM

1	Pettijohn, Margot K 42.27	70	Montgomery Ancient Mariners-10 1:33.27 (51.00) 2:23.48 (50.21) 3:17.34 (53.86) 4:09.81 (52.47) 5:02.47 (52.66) 5:47.81 (45.34) 6:31.93 (44.12)	6:36.62	6:31.93
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Men 18-24 50 Yard Freestyle

1	Shu, Jack	24	Arlington Masters-10	22.91	23.45
2	Millard, Jelani	23	Life Time Swim New Jersey-7	23.70	23.70
3	Frederick, Aaron D	23	Arlington Masters-10	24.23	24.06
4	Soune, Cabel E	19	Sea Devil Swimming Masters-10	NT	25.19
5	Parker, Jonathan R	24	Sport & Health Tsunami Masters-10	29.46	25.45
6	Hoang, Ryan	24	Arlington Masters-10	27.00	27.19

Men 18-24 100 Yard Freestyle

1	Frederick, Aaron D 25.05	23	Arlington Masters-10 51.63 (26.58)	53.90	51.63
2	Parker, Jonathan R 25.93	24	Sport & Health Tsunami Masters-10 55.06 (29.13)	54.85	55.06

Men 18-24 200 Yard Freestyle

1	Frederick, Aaron D 27.35	23	Arlington Masters-10 56.65 (29.30) 1:25.82 (29.17) 1:55.25 (29.43)	1:58.62	1:55.25
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Men 18-24 500 Yard Freestyle

1	Head, Carter L	23	Club Tribe-12	NT	5:18.63
	27.44	58.17 (30.73)	1:29.90 (31.73)	2:02.13 (32.23)	
	2:34.62 (32.49)	3:07.36 (32.74)	3:39.78 (32.42)	4:13.13 (33.35)	
	4:45.73 (32.60)	5:18.63 (32.90)			

2	Soune, Cabel E	19	Sea Devil Swimming Masters-10	NT	6:15.23
	33.11	1:09.75 (36.64)	1:46.76 (37.01)	2:26.27 (39.51)	
	3:05.37 (39.10)	3:45.84 (40.47)	4:23.83 (37.99)	5:05.21 (41.38)	
	5:44.42 (39.21)	6:15.23 (30.81)			

Men 18-24 50 Yard Backstroke

1	Koons, Andrew	24	Lane 4 Swimming-10	31.00	31.54
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Men 18-24 100 Yard Backstroke

1	Shu, Jack	24	Arlington Masters-10	57.15	58.38
	28.52	58.38 (29.86)			

2	Magd, Basem A	23	Uc09-9	NT	1:10.66
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Men 18-24 200 Yard Backstroke

1	Koons, Andrew	24	Lane 4 Swimming-10	2:20.00	2:17.17
	32.90	1:06.93 (34.03)	1:42.19 (35.26)	2:17.17 (34.98)	

Men 18-24 100 Yard Breaststroke

1	Head, Carter L	23	Club Tribe-12	NT	1:05.19
	30.84	1:05.19 (34.35)			

Men 18-24 200 Yard Breaststroke

1	Head, Carter L	23	Club Tribe-12	NT	2:23.61
	32.21	1:08.45 (36.24)	1:45.55 (37.10)	2:23.61 (38.06)	
2	Koons, Andrew	24	Lane 4 Swimming-10	2:42.00	2:44.15
	37.93	1:20.03 (42.10)	2:02.50 (42.47)	2:44.15 (41.65)	

Men 18-24 50 Yard Butterfly

1	Millard, Jelani	23	Life Time Swim New Jersey-7	25.14	25.31
2	Parker, Jonathan R	24	Sport & Health Tsunami Masters-10	26.10	25.35
3	Shu, Jack	24	Arlington Masters-10	25.25	25.67
*4	Magd, Basem A	23	Uc09-9	30.47	28.78
				28.00	

*4 Hoang, Ryan 24 Arlington Masters-10 28.78

Men 18-24 100 Yard Butterfly

			55.74	
1 Millard, Jelani	23 Life Time Swim New Jersey-7			56.24
25.60	56.24 (30.64)			
			1:00.70	
2 Parker, Jonathan R	24 Sport & Health Tsunami Masters-10			57.13
26.30	57.13 (30.83)			
			NT	
3 Magd, Basem A	23 Uc09-9			1:06.79
30.02	1:06.79 (36.77)			

Men 18-24 100 Yard IM

			58.54	
1 Shu, Jack	24 Arlington Masters-10			59.43
26.84	59.43 (32.59)			
			NT	
2 Head, Carter L	23 Club Tribe-12			59.49
27.62	59.49 (31.87)			
			1:04.00	
3 Koons, Andrew	24 Lane 4 Swimming-10			1:04.08
30.65	1:04.08 (33.43)			
			NT	
4 Soune, Cabel E	19 Sea Devil Swimming Masters-10			1:06.47
29.92	1:06.47 (36.55)			
			1:10.49	
5 Magd, Basem A	23 Uc09-9			1:06.59
29.65	1:06.59 (36.94)			
			1:05.00	
6 Hoang, Ryan	24 Arlington Masters-10			1:10.37
31.72	1:10.37 (38.65)			

Men 18-24 200 Yard IM

			2:12.00	
1 Frederick, Aaron D	23 Arlington Masters-10			2:10.09
28.06	1:01.28 (33.22)	1:39.15 (37.87)	2:10.09 (30.94)	
			2:22.00	
2 Hoang, Ryan	24 Arlington Masters-10			2:34.59
31.56	1:10.87 (39.31)	1:57.81 (46.94)	2:34.59 (36.78)	

Men 25-29 50 Yard Freestyle

			21.95	
1 Gallagher, Kevin C	29 Club Tribe-12			21.43
			21.79	
2 McHenry, Scott M	25 Alexandria Masters Swimming-10			21.81
			NT	
3 Compton, Taylor	28 Lane 4 Swimming-10			22.33
			NT	
4 Forster, Derek M	29 Arlington Masters-10			26.34

5	Golding, Alex W	25	Alexandria Masters Swimming-10	NT	28.68
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Men 25-29 100 Yard Freestyle

1	McHenry, Scott M	25	Alexandria Masters Swimming-10	48.16	47.76
	23.11		47.76 (24.65)		

2	Compton, Taylor	28	Lane 4 Swimming-10	NT	49.92
	24.29		49.92 (25.63)		

3	Marquet, Louis M	29	Arlington Masters-10	59.00	59.89
	28.75		59.89 (31.14)		

Men 25-29 200 Yard Freestyle

1	Marquet, Louis M	29	Arlington Masters-10	2:10.00	2:20.56
	30.90		1:06.25 (35.35) 1:43.47 (37.22) 2:20.56 (37.09)		

---	Golding, Alex W	25	Alexandria Masters Swimming-10	NT	NS
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Men 25-29 200 Yard Backstroke

1	Taylor, Tim	29	Alexandria Masters Swimming-10	2:23.70	2:19.66
	32.50		1:07.39 (34.89) 1:43.61 (36.22) 2:19.66 (36.05)		

Men 25-29 50 Yard Breaststroke

1	Vayda, Robert J	29	Alexandria Masters Swimming-10	31.47	31.82
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2	Forster, Derek M	29	Arlington Masters-10	30.00	31.85
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Men 25-29 100 Yard Breaststroke

1	Vayda, Robert J	29	Alexandria Masters Swimming-10	1:13.78	1:11.08
	32.87		1:11.08 (38.21)		

2	Forster, Derek M	29	Arlington Masters-10	1:15.00	1:12.63
	33.34		1:12.63 (39.29)		

---	Marquet, Louis M	29	Arlington Masters-10	1:20.00	DQ
	36.94		DQ (42.45)		

Men 25-29 200 Yard Breaststroke

1	Taylor, Tim	29	Alexandria Masters Swimming-10	2:43.20	2:38.60
	34.34		1:13.80 (39.46) 1:55.68 (41.88) 2:38.60 (42.92)		

2	Vayda, Robert J	29	Alexandria Masters Swimming-10	2:37.68	2:38.69
	34.17		1:13.38 (39.21) 1:54.97 (41.59) 2:38.69 (43.72)		

---	Marquet, Louis M	29	Arlington Masters-10	2:40.00	DQ
	39.84	1:24.55 (44.71)	2:13.20 (48.65)	DQ (47.51)	

Men 25-29 50 Yard Butterfly

1	Gallagher, Kevin C	29	Club Tribe-12	25.49	23.80
2	McHenry, Scott M	25	Alexandria Masters Swimming-10	23.76	24.17

Men 25-29 100 Yard IM

1	Taylor, Tim	29	Alexandria Masters Swimming-10	1:03.48	1:02.98
	29.40	1:02.98 (33.58)			
2	Forster, Derek M	29	Arlington Masters-10	NT	1:11.68
3	Golding, Alex W	25	Alexandria Masters Swimming-10	NT	1:25.44
	38.40	1:25.44 (47.04)			

Men 25-29 200 Yard IM

1	McHenry, Scott M	25	Alexandria Masters Swimming-10	2:02.00	1:59.47
	24.74	56.00 (31.26)	1:31.67 (35.67)	1:59.47 (27.80)	
2	Taylor, Tim	29	Alexandria Masters Swimming-10	2:25.17	2:19.94
	29.41	1:04.19 (34.78)	1:45.73 (41.54)	2:19.94 (34.21)	
3	Golding, Alex W	25	Alexandria Masters Swimming-10	NT	3:03.51
	33.35	1:16.15 (42.80)	2:13.34 (57.19)	3:03.51 (50.17)	

Men 30-34 50 Yard Freestyle

1	Macedonia, Nick J	30	Lane 4 Swimming-10	23.66	23.14
2	Jordan, John M	31	Arlington Masters-10	23.50	24.10
3	Summers, Dan	30	Arlington Masters-10	24.33	24.53
4	Oloughlin, Jonathan	33	Umac-Terrapin Masters-10	25.41	25.16
5	Javaid, Usman	30	Uc12-12	23.24	25.40
6	Main, Austin	33	Alexandria Masters Swimming-10	35.00	31.15

Men 30-34 100 Yard Freestyle

1	Dickson, Elijah D	32	Uc09-9	53.00	54.13
	25.89	54.13 (28.24)			

2	Oloughlin, Jonathan	27.00	33	Umac-Terrapin Masters-10	55.27	55.42
						55.42 (28.42)

Men 30-34 200 Yard Freestyle

1	Schmitt, Sam T	27.75	31	Arlington Masters-10	2:01.29	2:03.54
						58.25 (30.50) 1:30.29 (32.04) 2:03.54 (33.25)

Men 30-34 50 Yard Backstroke

1	Jordan, John M		31	Arlington Masters-10	27.20	27.90
2	Shaw, Chris		34	Umac-Terrapin Masters-10	45.00	34.38

Men 30-34 100 Yard Backstroke

1	Dickson, Elijah D	29.46	32	Uc09-9	58.00	1:01.60
						1:01.60 (32.14)
2	Jordan, John M	28.68	31	Arlington Masters-10	1:01.00	1:01.74
						1:01.74 (33.06)
3	Shaw, Chris	35.07	34	Umac-Terrapin Masters-10	1:40.00	1:15.94
						1:15.94 (40.87)

Men 30-34 200 Yard Backstroke

1	Hensley, Scott	27.87	34	Club Tribe-12	2:05.00	2:01.70
						58.87 (31.00) 1:29.91 (31.04) 2:01.70 (31.79)
2	Schmitt, Sam T	31.69	31	Arlington Masters-10	2:09.99	2:12.92
						1:05.51 (33.82) 1:39.49 (33.98) 2:12.92 (33.43)

Men 30-34 50 Yard Breaststroke

1	Macedonia, Nick J		30	Lane 4 Swimming-10	29.45	29.15
2	Main, Austin		33	Alexandria Masters Swimming-10	NT	42.54

Men 30-34 100 Yard Breaststroke

1	Summers, Dan	32.52	30	Arlington Masters-10	1:09.05	1:09.72
						1:09.72 (37.20)
2	Oloughlin, Jonathan	33.59	33	Umac-Terrapin Masters-10	1:08.00	1:11.31
						1:11.31 (37.72)
3	Shaw, Chris	39.38	34	Umac-Terrapin Masters-10	1:40.00	1:26.50
						1:26.50 (47.12)
---	Dickson, Elijah D		32	Uc09-9	1:10.00	NS

Men 30-34 50 Yard Butterfly

1	Macedonia, Nick J	30	Lane 4 Swimming-10	25.27	24.93
2	Javaid, Usman	30	Uc12-12	24.65	26.67

Men 30-34 100 Yard Butterfly

1	Hensley, Scott	34	Club Tribe-12	55.00	54.21
	25.04		54.21 (29.17)		
2	Javaid, Usman	30	Uc12-12	59.00	1:04.40
	29.61		1:04.40 (34.79)		
---	Dickson, Elijah D	32	Uc09-9	1:00.00	NS

Men 30-34 200 Yard Butterfly

1	Schmitt, Sam T	31	Arlington Masters-10	2:10.99	2:23.38
	28.87		1:03.83 (34.96) 1:41.90 (38.07)	2:23.38 (41.48)	
2	Javaid, Usman	30	Uc12-12	2:12.00	2:37.08
	33.37		1:12.77 (39.40) 1:55.51 (42.74)	2:37.08 (41.57)	

Men 30-34 100 Yard IM

1	Macedonia, Nick J	30	Lane 4 Swimming-10	1:08.00	59.96
	27.62		59.96 (32.34)		
2	Summers, Dan	30	Arlington Masters-10	1:03.21	1:03.97
	30.67		1:03.97 (33.30)		
3	Main, Austin	33	Alexandria Masters Swimming-10	NT	1:23.77
	39.04		1:23.77 (44.73)		

Men 30-34 200 Yard IM

1	Schmitt, Sam T	31	Arlington Masters-10	2:14.83	2:13.92
	26.66		1:00.85 (34.19) 1:41.32 (40.47)	2:13.92 (32.60)	
2	Oloughlin, Jonathan	33	Umac-Terrapin Masters-10	2:23.00	2:21.85
	29.55		1:09.28 (39.73) 1:49.64 (40.36)	2:21.85 (32.21)	

Men 35-39 50 Yard Freestyle

1	Lovett, Michael	38	Club Tribe-12	22.34	23.49
2	Lundberg, Erik T	37	Alexandria Masters Swimming-10	23.99	23.64
				25.33	

3	Barrett, Patrick M	35	District Of Columbia Aquatics-10	24.74
				26.31
4	Rooney, Tim C	39	Arlington Masters-10	26.22
				40.00
---	Castrovinci, Marc	36	Freedom Aquatic Club-12	NS

Men 35-39 100 Yard Freestyle

1	Lundberg, Erik T	37	Alexandria Masters Swimming-10	53.45	52.04
	25.13		52.04 (26.91)		
2	Strahota, Jeffrey R	36	Umac-Terrapin Masters-10	56.65	54.84
	26.55		54.84 (28.29)		
3	Barrett, Patrick M	35	District Of Columbia Aquatics-10	55.98	55.13
	26.58		55.13 (28.55)		
4	Jent, Daniel E	39	Alexandria Masters Swimming-10	54.13	55.16
	26.68		55.16 (28.48)		
5	Di Filippo, Mario	39	District Of Columbia Aquatics-10	57.53	56.44
	27.06		56.44 (29.38)		
6	Connors, Dana E	36	District Of Columbia Aquatics-10	1:03.37	1:03.86
	30.95		1:03.86 (32.91)		
---	Castrovinci, Marc	36	Freedom Aquatic Club-12	1:40.00	NS

Men 35-39 200 Yard Freestyle

1	Rooney, Tim C	39	Arlington Masters-10	2:02.78	1:59.94
	27.59		57.30 (29.71) 1:28.21 (30.91) 1:59.94 (31.73)		
2	Di Filippo, Mario	39	District Of Columbia Aquatics-10	2:05.95	2:06.32
	29.12		1:01.53 (32.41) 1:34.74 (33.21) 2:06.32 (31.58)		
---	Castrovinci, Marc	36	Freedom Aquatic Club-12	3:20.00	NS

Men 35-39 500 Yard Freestyle

1	Rooney, Tim C	39	Arlington Masters-10	5:40.00	5:29.27
	29.91		1:01.51 (31.60) 1:34.07 (32.56) 2:07.38 (33.31)		
	2:41.30 (33.92)		3:15.27 (33.97) 3:49.50 (34.23) 4:23.77 (34.27)		
	4:57.14 (33.37)		5:29.27 (32.13)		
2	Di Filippo, Mario	39	District Of Columbia Aquatics-10	5:36.66	5:38.46
	30.28		1:03.39 (33.11) 1:37.63 (34.24) 2:12.74 (35.11)		
	2:47.09 (34.35)		3:21.61 (34.52) 3:55.87 (34.26) 4:30.33 (34.46)		
	5:04.95 (34.62)		5:38.46 (33.51)		

Men 35-39 50 Yard Backstroke

1	Barrett, Patrick M	35	District Of Columbia Aquatics-10	28.56	28.68
---	Fry, Jon	36	Alexandria Masters Swimming-10	34.00	NS

Men 35-39 100 Yard Backstroke

1	Barrett, Patrick M	35	District Of Columbia Aquatics-10	1:01.24	1:01.40
	29.52		1:01.40 (31.88)		
2	Jent, Daniel E	39	Alexandria Masters Swimming-10	1:09.18	1:07.62
	32.43		1:07.62 (35.19)		

Men 35-39 50 Yard Breaststroke

1	Fry, Jon	36	Alexandria Masters Swimming-10	32.00	33.91
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Men 35-39 100 Yard Breaststroke

1	Strahota, Jeffrey R	36	Umac-Terrapin Masters-10	1:10.11	1:10.96
	33.34		1:10.96 (37.62)		

Men 35-39 50 Yard Butterfly

1	Jent, Daniel E	39	Alexandria Masters Swimming-10	27.18	27.31
2	Connors, Dana E	36	District Of Columbia Aquatics-10	31.15	33.60
---	Fry, Jon	36	Alexandria Masters Swimming-10	28.00	NS

Men 35-39 100 Yard Butterfly

1	Lundberg, Erik T	37	Alexandria Masters Swimming-10	1:02.78	1:01.16
	27.98		1:01.16 (33.18)		
2	Torgesen, Jay	38	Alexandria Masters Swimming-10	1:05.00	1:01.18
	27.38		1:01.18 (33.80)		

Men 35-39 200 Yard Butterfly

1	Di Filippo, Mario	39	District Of Columbia Aquatics-10	2:23.57	2:26.90
	31.90		1:09.47 (37.57) 1:48.13 (38.66) 2:26.90 (38.77)		

Men 35-39 100 Yard IM

1	Lovett, Michael	38	Club Tribe-12	55.59	58.04
	26.76		58.04 (31.28)		
2	Strahota, Jeffrey R	36	Umac-Terrapin Masters-10	1:02.01	1:02.63
	28.65		1:02.63 (33.98)		

3	Connors, Dana E 34.42	36 District Of Columbia Aquatics-10 1:12.59 (38.17)	1:13.62	1:12.59
---	Fry, Jon	36 Alexandria Masters Swimming-10	1:07.00	NS
---	Jent, Daniel E	39 Alexandria Masters Swimming-10	1:05.01	NS

Men 35-39 200 Yard IM

1	Lundberg, Erik T 29.18	37 Alexandria Masters Swimming-10 1:05.48 (36.30) 1:46.65 (41.17) 2:18.34 (31.69)	2:20.15	2:18.34
2	Connors, Dana E 34.61	36 District Of Columbia Aquatics-10 1:15.77 (41.16) 2:01.89 (46.12) 2:37.76 (35.87)	2:37.39	2:37.76

Men 40-44 50 Yard Freestyle

1	Harbourt, Cliff J	44 Santa Cruz Masters Aquatics-38	24.21	24.23
2	Baldwin, Craig M	42 Reston Masters Swim Team-10	24.68	24.71
3	Jennings, Matthew C	41 Fredricksburg American Family-12	28.00	28.04
---	Younts, James L	41 Uc12-12	25.46	NS
---	Zenyuh, James	40 Riptide Masters-10	22.30	NS

Men 40-44 100 Yard Freestyle

1	Baldwin, Craig M 25.74	42 Reston Masters Swim Team-10 53.51 (27.77)	56.81	53.51
2	McCready, Matthew J 49.90	41 Alexandria Masters Swimming-10 1:40.32 (50.42)	1:39.96	1:40.32
---	Younts, James L	41 Uc12-12	57.60	NS

Men 40-44 200 Yard Freestyle

1	Baldwin, Craig M 27.84	42 Reston Masters Swim Team-10 58.34 (30.50) 1:28.89 (30.55) 1:59.06 (30.17)	2:00.87	1:59.06
2	Harbourt, Cliff J 28.32	44 Santa Cruz Masters Aquatics-38 58.70 (30.38) 1:30.06 (31.36) 2:01.34 (31.28)	2:04.65	2:01.34
3	McCready, Matthew J 53.19	41 Alexandria Masters Swimming-10 1:46.62 (53.43) 2:41.00 (54.38) 3:36.38 (55.38)	3:29.33	3:36.38

---	Younts, James L	41	Uc12-12	2:10.00	NS
---	Bell, David E	41	Santa Cruz Masters Aquatics-38	1:56.00	NS

Men 40-44 500 Yard Freestyle

				6:32.00	
1	Hanneschlager, Michael E	42	Lane 4 Swimming-10		6:31.20
	35.31	1:15.30 (39.99)	1:56.24 (40.94)	2:37.31 (41.07)	
	3:17.56 (40.25)	3:57.56 (40.00)	4:36.66 (39.10)	5:16.19 (39.53)	
	5:54.56 (38.37)	6:31.20 (36.64)			
				7:20.00	
2	Jennings, Matthew C	41	Fredricksburg American Family-12		6:57.78
	34.46	1:15.55 (41.09)	1:58.33 (42.78)	2:41.65 (43.32)	
	3:23.41 (41.76)	4:07.04 (43.63)	4:50.86 (43.82)	5:34.77 (43.91)	
	6:18.76 (43.99)	6:57.78 (39.02)			
---	Ahlgren, Kyle R	41	Club Tribe-12	6:55.00	NS

Men 40-44 50 Yard Backstroke

1	Williams, Rich	41	Club Tribe-12	29.43	29.21
2	Earle, Dan T	44	Club Tribe-12	31.10	30.09
3	Milhiser, Mark	42	Alexandria Masters Swimming-10	NT	36.98
---	Bell, David E	41	Santa Cruz Masters Aquatics-38	26.50	NS

Men 40-44 100 Yard Backstroke

1	Zenyuh, James	40	Riptide Masters-10	52.34	52.79
	25.19	52.79 (27.60)			
2	Bell, David E	41	Santa Cruz Masters Aquatics-38	57.00	58.48
	27.81	58.48 (30.67)			
3	Baldwin, Craig M	42	Reston Masters Swim Team-10	1:08.09	1:03.95
	30.68	1:03.95 (33.27)			
4	McCready, Matthew J	41	Alexandria Masters Swimming-10	2:00.49	2:06.82
	1:02.34	2:06.82 (1:04.48)			

Men 40-44 200 Yard Backstroke

1	Bell, David E	41	Santa Cruz Masters Aquatics-38	2:07.00	2:12.54
	30.05	1:04.00 (33.95)	1:39.34 (35.34)	2:12.54 (33.20)	
2	Earle, Dan T	44	Club Tribe-12	2:25.50	2:19.63
	32.80	1:07.53 (34.73)	1:43.41 (35.88)	2:19.63 (36.22)	

3	Jennings, Matthew C	41	Fredricksburg American Family-12	2:51.75	2:51.45
	38.20	1:21.20 (43.00)	2:07.28 (46.08)	2:51.45 (44.17)	
4	McCready, Matthew J	41	Alexandria Masters Swimming-10	4:05.99	4:21.55
	1:04.36	2:09.72 (1:05.36)	3:16.16 (1:06.44)	4:21.55 (1:05.39)	

Men 40-44 50 Yard Breaststroke

1	Williams, Rich	41	Club Tribe-12	30.39	31.05
2	Moon, WonKee	42	District Of Columbia Aquatics-10	32.32	31.43
3	Milhisier, Mark	42	Alexandria Masters Swimming-10	NT	36.62

Men 40-44 100 Yard Breaststroke

1	Williams, Rich	41	Club Tribe-12	1:08.27	1:08.56
	32.28	1:08.56 (36.28)			
2	Moon, WonKee	42	District Of Columbia Aquatics-10	1:12.21	1:09.35
	33.09	1:09.35 (36.26)			

Men 40-44 200 Yard Breaststroke

1	Moon, WonKee	42	District Of Columbia Aquatics-10	2:32.32	2:31.91
	33.94	1:12.82 (38.88)	1:52.37 (39.55)	2:31.91 (39.54)	
2	Bingaman, Cory S	42	Alexandria Masters Swimming-10	2:45.00	2:36.99
	34.15	1:13.30 (39.15)	1:55.17 (41.87)	2:36.99 (41.82)	

Men 40-44 50 Yard Butterfly

1	Zenyuh, James	40	Riptide Masters-10	23.24	23.69
2	Harbourt, Cliff J	44	Santa Cruz Masters Aquatics-38	26.52	26.39
3	Bingaman, Cory S	42	Alexandria Masters Swimming-10	28.00	27.40
4	Milhisier, Mark	42	Alexandria Masters Swimming-10	NT	34.20
---	Younts, James L	41	Uc12-12	30.00	NS

Men 40-44 100 Yard Butterfly

1	Zenyuh, James	40	Riptide Masters-10	52.50	52.48
	24.13	52.48 (28.35)			

Men 40-44 200 Yard Butterfly

3:15.00

1	Jennings, Matthew C	41	Fredricksburg American Family-12	3:15.00
	38.78	1:27.63 (48.85)	2:22.00 (54.37)	3:15.00 (53.00)

Men 40-44 100 Yard IM

1	Earle, Dan T	44	Club Tribe-12	1:10.25	1:05.29
	30.67	1:05.29 (34.62)			

2	Milhiser, Mark	42	Alexandria Masters Swimming-10	NT	1:15.44
	35.30	1:15.44 (40.14)			

---	Moon, WonKee	42	District Of Columbia Aquatics-10	1:05.01	NS
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---	Ahlgren, Kyle R	41	Club Tribe-12	1:30.00	NS
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Men 40-44 200 Yard IM

1	Bingaman, Cory S	42	Alexandria Masters Swimming-10	2:23.00	2:17.41
	29.27	1:02.61 (33.34)	1:43.88 (41.27)	2:17.41 (33.53)	

Men 40-44 400 Yard IM

1	Earle, Dan T	44	Club Tribe-12	6:01.10	5:17.32
	33.71	1:12.26 (38.55)	1:52.46 (40.20)	2:32.73 (40.27)	
	3:19.03 (46.30)	4:04.97 (45.94)	4:41.57 (36.60)	5:17.32 (35.75)	

Men 45-49 50 Yard Freestyle

1	Clear, Kirk	49	Virginia Masters Swim Team-12	25.37	25.92
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2	Luciano, Jaime V	45	Alexandria Masters Swimming-10	NT	36.13
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Men 45-49 100 Yard Freestyle

1	Luciano, Jaime V	45	Alexandria Masters Swimming-10	NT	1:22.46
	39.67	1:22.46 (42.79)			

Men 45-49 50 Yard Backstroke

1	Clear, Kirk	49	Virginia Masters Swim Team-12	28.31	28.31
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Men 45-49 100 Yard Backstroke

1	Ruckdeschel, Jonathan	48	Central Maryland YMCA Masters-9	1:09.01	1:07.69
	32.47	1:07.69 (35.22)			

2	Shinaishin, Tarik	49	Freedom Aquatic Club-12	1:31.36	1:25.56
	40.96	1:25.56 (44.60)			

Men 45-49 50 Yard Breaststroke

1	Williams, Neill	48	District Of Columbia Aquatics-10	29.16	28.57
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2	Phan, David Q	49	Alexandria Masters Swimming-10	55.00	50.60
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Men 45-49 100 Yard Breaststroke

1	Rudolph, Daniel A	45	Lane 4 Swimming-10	1:13.51	1:12.82
	34.48		1:12.82 (38.34)		
2	Phan, David Q	49	Alexandria Masters Swimming-10	1:50.00	1:41.48
	45.67		1:41.48 (55.81)		

Men 45-49 200 Yard Breaststroke

1	Williams, Neill	48	District Of Columbia Aquatics-10	2:24.50	2:23.84
	31.57		1:08.54 (36.97) 1:46.55 (38.01) 2:23.84 (37.29)		
---	Luciano, Jaime V	45	Alexandria Masters Swimming-10	NT	DQ
	49.05		1:47.04 (57.99) 2:51.31 (1:04.27) DQ (1:02.13)		
---	Phan, David Q	49	Alexandria Masters Swimming-10	3:45.00	NS

Men 45-49 50 Yard Butterfly

1	Williams, Neill	48	District Of Columbia Aquatics-10	25.50	25.19
2	Clear, Kirk	49	Virginia Masters Swim Team-12	27.56	27.46
3	Ruckdeschel, Jonathan	48	Central Maryland YMCA Masters-9	26.83	27.54
4	Shinaishin, Tarik	49	Freedom Aquatic Club-12	36.00	35.47

Men 45-49 100 Yard IM

1	Williams, Neill	48	District Of Columbia Aquatics-10	59.50	57.88
	26.76		57.88 (31.12)		
2	Rudolph, Daniel A	45	Lane 4 Swimming-10	1:02.14	1:03.11
	30.55		1:03.11 (32.56)		
3	Shinaishin, Tarik	49	Freedom Aquatic Club-12	1:22.91	1:24.76
	38.52		1:24.76 (46.24)		

Men 45-49 200 Yard IM

1	Rudolph, Daniel A	45	Lane 4 Swimming-10	2:17.22	2:23.01
	31.79		1:07.91 (36.12) 1:49.60 (41.69) 2:23.01 (33.41)		

Men 50-54 50 Yard Freestyle

1	Howe, Randy J	50	Arlington Masters-10	25.50	25.71
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*2 Purcell, Frank J	51 Lane 4 Swimming-10	35.00	33.09
*2 Coppolino, Peter J	50 Freedom Aquatic Club-12	32.90	33.09

Men 50-54 100 Yard Freestyle

1 Howe, Randy J	50 Arlington Masters-10	58.00	56.84	
27.77	56.84 (29.07)			
2 Evans, Brian R	52 Reston Masters Swim Team-10	1:02.28	1:04.29	
30.78	1:04.29 (33.51)			
3 Coppolino, Peter J	50 Freedom Aquatic Club-12	1:10.00	1:17.19	
---	Quinones, Enrique	53 District Of Columbia Aquatics-10	54.50	NS

Men 50-54 200 Yard Freestyle

1 Harris, Greg	53 Virginia Masters Swim Team-12	1:58.00	1:58.81	
27.67	58.69 (31.02)	1:29.48 (30.79)	1:58.81 (29.33)	
2 House, Christopher	53 Lane 4 Swimming-10	2:12.00	2:03.68	
29.31	1:00.00 (30.69)	1:31.86 (31.86)	2:03.68 (31.82)	
3 Howe, Randy J	50 Arlington Masters-10	2:05.00	2:06.59	
29.73	1:01.36 (31.63)	1:33.83 (32.47)	2:06.59 (32.76)	
4 Purcell, Frank J	51 Lane 4 Swimming-10	2:59.60	2:53.56	
38.79	1:21.70 (42.91)	2:53.56 (1:31.86)		
5 Coppolino, Peter J	50 Freedom Aquatic Club-12	2:30.00	3:15.93	
38.55	1:27.42 (48.87)	2:23.14 (55.72)	3:15.93 (52.79)	
---	Quinones, Enrique	53 District Of Columbia Aquatics-10	2:01.50	NS

Men 50-54 50 Yard Backstroke

1 Leahy, John S	54 Alexandria Masters Swimming-10	46.36	42.52
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Men 50-54 100 Yard Backstroke

1 Harris, Greg	53 Virginia Masters Swim Team-12	1:04.00	1:01.61
29.89	1:01.61 (31.72)		
2 House, Christopher	53 Lane 4 Swimming-10	1:07.75	1:04.46
31.67	1:04.46 (32.79)		
3 Evans, Brian R	52 Reston Masters Swim Team-10	1:13.84	1:15.83

36.63 1:15.83 (39.20)

Men 50-54 200 Yard Backstroke

1	Leahy, John S	54	Alexandria Masters Swimming-10	4:25.06	3:28.07
	47.63	1:39.31 (51.68)	2:33.89 (54.58)	3:28.07 (54.18)	

Men 50-54 100 Yard Breaststroke

1	Harris, Greg	53	Virginia Masters Swim Team-12	1:06.00	1:04.97
	29.98	1:04.97 (34.99)			

Men 50-54 50 Yard Butterfly

1	House, Christopher	53	Lane 4 Swimming-10	29.00	29.22
2	Purcell, Frank J	51	Lane 4 Swimming-10	36.01	35.69

Men 50-54 100 Yard IM

1	Leahy, John S	54	Alexandria Masters Swimming-10	1:28.37	1:27.82
	41.48	1:27.82 (46.34)			

Men 50-54 200 Yard IM

1	Evans, Brian R	52	Reston Masters Swim Team-10	2:39.87	2:39.25
	35.07	1:15.75 (40.68)	2:03.22 (47.47)	2:39.25 (36.03)	
2	Purcell, Frank J	51	Lane 4 Swimming-10	4:00.00	3:24.08
	39.89	1:40.30 (1:00.41)	3:24.08 (1:43.78)		
3	Leahy, John S	54	Alexandria Masters Swimming-10	3:11.09	3:34.62
	41.04	3:34.62 (2:53.58)			

Men 50-54 400 Yard IM

1	Harris, Greg	53	Virginia Masters Swim Team-12	4:55.00	4:59.22
	31.36	1:08.24 (36.88)	1:47.65 (39.41)	2:27.17 (39.52)	
	3:09.05 (41.88)	3:51.03 (41.98)	4:26.72 (35.69)	4:59.22 (32.50)	

Men 55-59 50 Yard Freestyle

1	Heuchling, Geoffrey	57	District Of Columbia Aquatics-10	25.80	24.04
2	Hellmann, Ralph P	55	Sarasota Y Sharks-14	25.20	25.04
3	Harwit-Whewell, Stephen	56	Warrenton Masters Swim Team-10	28.00	29.52
4	Linehan, Sean P	56	Lane 4 Swimming-10	29.00	30.05

Men 55-59 100 Yard Freestyle

57.00

1	Heuchling, Geoffrey	57	District Of Columbia Aquatics-10	54.21	
	25.90		54.21 (28.31)		
				1:01.58	
2	Rickard, Alan K	59	Riptide Masters-10	1:06.26	
	31.92		1:06.26 (34.34)		
				1:03.47	
3	Harwit-Whewell, Stephen	56	Warrenton Masters Swim Team-10	1:06.61	
	31.59		1:06.61 (35.02)		
				1:09.00	
4	Linehan, Sean P	56	Lane 4 Swimming-10	1:07.70	
	31.59		1:07.70 (36.11)		
				1:25.14	
5	Sen, Ercan	59	Sport & Health Tsunami Masters-10	1:21.84	
	40.05		1:21.84 (41.79)		
---	Stephens, Glenn H	58	Sea Devil Swimming Masters-10		NS
				1:09.63	
---	Kannegieser, Robert J	59	Fins Aquatics Club-8		NS
				58.00	

Men 55-59 200 Yard Freestyle

				2:28.00	
1	Harwit-Whewell, Stephen	56	Warrenton Masters Swim Team-10	2:31.94	
	34.71		1:13.21 (38.50) 1:53.08 (39.87) 2:31.94 (38.86)		
---	Rickard, Alan K	59	Riptide Masters-10		NS
				2:18.08	
---	Kannegieser, Robert J	59	Fins Aquatics Club-8		NS
				2:03.74	

Men 55-59 500 Yard Freestyle

				6:52.17	
1	Harwit-Whewell, Stephen	56	Warrenton Masters Swim Team-10	7:04.50	
	36.96		1:16.91 (39.95) 1:59.07 (42.16) 2:42.44 (43.37)		
	3:26.07 (43.63)		4:10.68 (44.61) 4:54.88 (44.20) 5:39.18 (44.30)		
	6:23.60 (44.42)		7:04.50 (40.90)		

Men 55-59 50 Yard Backstroke

				32.00	
1	Heuchling, Geoffrey	57	District Of Columbia Aquatics-10	29.59	
				30.60	
2	Gittins, Tom M	55	Uc12-12	30.43	
				39.00	
3	Linehan, Sean P	56	Lane 4 Swimming-10	39.83	
				51.50	
4	Sen, Ercan	59	Sport & Health Tsunami Masters-10	52.93	

Men 55-59 100 Yard Backstroke

				1:08.90	
1	Gittins, Tom M	55	Uc12-12	1:08.54	
	32.48		1:08.54 (36.06)		

Men 55-59 50 Yard Breaststroke

1	Hellmann, Ralph P	55	Sarasota Y Sharks-14	30.90	30.28
2	Treen, Dave W	58	Uc08-8	40.00	39.22

Men 55-59 100 Yard Breaststroke

1	Treen, Dave W	58	Uc08-8	1:29.00	1:25.30
	40.99		1:25.30 (44.31)		
2	Rickard, Alan K	59	Riptide Masters-10	1:29.99	1:47.61
	50.42		1:47.61 (57.19)		

Men 55-59 200 Yard Breaststroke

1	Treen, Dave W	58	Uc08-8	3:10.00	3:06.11
	43.40		1:31.23 (47.83) 2:19.56 (48.33) 3:06.11 (46.55)		

Men 55-59 50 Yard Butterfly

1	Heuchling, Geoffrey	57	District Of Columbia Aquatics-10	27.90	26.63
2	Hellmann, Ralph P	55	Sarasota Y Sharks-14	27.25	27.18
3	Bales, Paul	58	Alexandria Masters Swimming-10	29.15	29.12
4	Gittins, Tom M	55	Uc12-12	33.00	29.93
5	Linehan, Sean P	56	Lane 4 Swimming-10	33.00	33.84
---	Sen, Ercan	59	Sport & Health Tsunami Masters-10	50.02	DQ

Men 55-59 100 Yard Butterfly

---	Kannegieser, Robert J	59	Fins Aquatics Club-8	1:02.50	NS
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Men 55-59 100 Yard IM

1	Gittins, Tom M	55	Uc12-12	1:10.24	1:08.45
	31.91		1:08.45 (36.54)		
2	Bales, Paul	58	Alexandria Masters Swimming-10	1:09.97	1:09.49
	31.96		1:09.49 (37.53)		
---	Sen, Ercan	59	Sport & Health Tsunami Masters-10	1:47.83	DQ

Men 55-59 200 Yard IM

2:22.00

--- Kannegieser, Robert J 59 Fins Aquatics Club-8 NS

Men 60-64 50 Yard Freestyle

1 Dearfield, Kerry L 64 Lane 4 Swimming-10 29.25 29.19
--- Edgell, Don 64 Lane 4 Swimming-10 30.00 NS
--- Belanger, Donald J 63 Uc09-9 NT NS
--- Martin, Francis P 63 Chester River Aquatic Blues-9 31.44 NS

Men 60-64 100 Yard Freestyle

1 Tupitza, Charles W 62 Warrenton Masters Swim Team-10 59.00 1:00.56
28.48 1:00.56 (32.08)
2 Edgell, Don 64 Lane 4 Swimming-10 1:28.85 1:26.82
37.96 1:26.82 (48.86)
--- Martin, Francis P 63 Chester River Aquatic Blues-9 1:09.84 NS
--- Belanger, Donald J 63 Uc09-9 NT NS

Men 60-64 200 Yard Freestyle

1 Edgell, Don 64 Lane 4 Swimming-10 2:28.72 2:31.81
35.01 1:14.09 (39.08) 1:53.86 (39.77) 2:31.81 (37.95)

Men 60-64 500 Yard Freestyle

1 Tupitza, Charles W 62 Warrenton Masters Swim Team-10 6:40.00 6:20.74
33.51 1:09.86 (36.35) 1:47.67 (37.81) 2:26.38 (38.71)
3:05.28 (38.90) 3:44.32 (39.04) 4:23.51 (39.19) 5:02.78 (39.27)
5:42.88 (40.10) 6:20.74 (37.86)

Men 60-64 50 Yard Butterfly

1 Tupitza, Charles W 62 Warrenton Masters Swim Team-10 30.09 30.61
2 Dearfield, Kerry L 64 Lane 4 Swimming-10 32.00 31.96
--- Martin, Francis P 63 Chester River Aquatic Blues-9 40.81 NS
--- Belanger, Donald J 63 Uc09-9 NT NS

Men 60-64 200 Yard Butterfly

1 Tupitza, Charles W 62 Warrenton Masters Swim Team-10 3:05.00 3:04.77
37.90 1:25.63 (47.73) 2:16.30 (50.67) 3:04.77 (48.47)

Men 60-64 100 Yard IM

1	Dearfield, Kerry L	64	Lane 4 Swimming-10	1:16.30	1:17.74
	35.00		1:17.74 (42.74)		
---	Belanger, Donald J	63	Uc09-9	NT	NS
---	Martin, Francis P	63	Chester River Aquatic Blues-9	1:30.77	NS

Men 65-69 50 Yard Freestyle

1	Stuart, Ian M	69	Alexandria Masters Swimming-10	36.00	34.76
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Men 65-69 100 Yard Freestyle

1	Stuart, Ian M	69	Alexandria Masters Swimming-10	1:21.00	1:19.13
	38.72		1:19.13 (40.41)		
2	Baker, Don C	69	Alexandria Masters Swimming-10	1:30.00	1:21.12
	39.38		1:21.12 (41.74)		
3	Boyle, Michael F	65	Germantown Maryland Masters-10	1:26.00	1:27.55
	43.04		1:27.55 (44.51)		

Men 65-69 200 Yard Freestyle

1	Stuart, Ian M	69	Alexandria Masters Swimming-10	2:53.00	2:52.26
	40.12		1:24.79 (44.67) 2:10.46 (45.67) 2:52.26 (41.80)		
---	Baker, Don C	69	Alexandria Masters Swimming-10	3:15.00	NS

Men 65-69 500 Yard Freestyle

1	Stuart, Ian M	69	Alexandria Masters Swimming-10	7:50.00	7:47.17
	41.43		1:27.76 (46.33) 2:13.92 (46.16) 3:01.38 (47.46)		
	3:49.25 (47.87)		4:37.45 (48.20) 5:26.07 (48.62) 6:14.89 (48.82)		
	7:04.06 (49.17)		7:47.17 (43.11)		

Men 65-69 50 Yard Backstroke

1	Boyle, Michael F	65	Germantown Maryland Masters-10	50.15	52.71
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Men 65-69 100 Yard Breaststroke

1	Boyle, Michael F	65	Germantown Maryland Masters-10	1:52.42	1:55.10
	56.33		1:55.10 (58.77)		

Men 65-69 100 Yard IM

1	Boyle, Michael F	65	Germantown Maryland Masters-10	1:47.29	1:54.92
	57.57		1:54.92 (57.35)		

Men 70-74 50 Yard Freestyle

1	Culhane, Kevin V	70	Alexandria Masters Swimming-10	27.38	27.99
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Men 70-74 100 Yard Freestyle

1	Zamon, Fred J	74	Patriot Masters Swim Team-10	1:13.00	1:12.79
	34.78		1:12.79 (38.01)		

Men 70-74 500 Yard Freestyle

1	Robinson, Dave D	73	Germantown Maryland Masters-10	8:30.00	8:14.26
	43.30		1:32.59 (49.29) 2:23.59 (51.00) 3:14.26 (50.67)		
	4:06.23 (51.97)		4:57.70 (51.47) 5:48.53 (50.83) 6:40.09 (51.56)		
	7:28.99 (48.90)		8:14.26 (45.27)		

Men 70-74 50 Yard Backstroke

1	Culhane, Kevin V	70	Alexandria Masters Swimming-10	34.78	33.95
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Men 70-74 200 Yard Backstroke

1	Robinson, Dave D	73	Germantown Maryland Masters-10	3:14.00	3:23.59
	47.88		1:38.37 (50.49) 2:31.52 (53.15) 3:23.59 (52.07)		

Men 70-74 50 Yard Breaststroke

1	Culhane, Kevin V	70	Alexandria Masters Swimming-10	36.33	36.74
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Men 70-74 50 Yard Butterfly

1	Culhane, Kevin V	70	Alexandria Masters Swimming-10	33.56	33.70
2	Zamon, Fred J	74	Patriot Masters Swim Team-10	39.83	40.30

Men 70-74 100 Yard Butterfly

1	Zamon, Fred J	74	Patriot Masters Swim Team-10	1:42.42	1:43.02
	47.40		1:43.02 (55.62)		

Men 70-74 100 Yard IM

1	Robinson, Dave D	73	Germantown Maryland Masters-10	1:33.00	1:29.84
	40.07		1:29.84 (49.77)		
2	Zamon, Fred J	74	Patriot Masters Swim Team-10	1:29.07	1:31.56
	42.20		1:31.56 (49.36)		

Men 70-74 400 Yard IM

---	Robinson, Dave D	73	Germantown Maryland Masters-10	7:00.00	NS
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Men 75-79 50 Yard Backstroke

--- Rolston, Howard 76 Gold Coast Masters-50 37.14 NS

Men 75-79 100 Yard Backstroke

1 Rolston, Howard 76 Gold Coast Masters-50 1:19.36 1:19.50
38.84 1:19.50 (40.66)

Men 75-79 50 Yard Breaststroke

1 Harrison, Maurice S 76 Uc09-9 NT 1:02.35

Men 75-79 100 Yard Breaststroke

--- Harrison, Maurice S 76 Uc09-9 NT NS

Men 75-79 200 Yard Breaststroke

1 Harrison, Maurice S 76 Uc09-9 NT 5:31.50
1:10.78 2:34.33 (1:23.55) 4:04.21 (1:29.88) 5:31.50 (1:27.29)

Men 75-79 50 Yard Butterfly

1 Rolston, Howard 76 Gold Coast Masters-50 34.80 34.41

Men 75-79 100 Yard IM

1 Rolston, Howard 76 Gold Coast Masters-50 1:18.90 1:20.05
37.56 1:20.05 (42.49)

Women 25+ 200 Yard Freestyle Relay

1 Club Tribe-12 A 1:54.50 1:55.08
1) Falcone, Marina W29 2) Lovett, Lindsay R W38 3) Grier, Katie W38 4) Baugher, Liz W28
26.39 1:00.15 (33.76) 1:26.07 (25.92) 1:55.08 (29.01)

Women 25+ 200 Yard Medley Relay

1 Arlington Masters-10 A NT 2:18.56
1) Mathey Lambeth, Alison W32 2) Miller, Allison L W33 3) Duarte, Ana W274) Ziv, Carolyn
M W34 33.55 1:12.12 (38.57) 1:57.36 (45.24) 2:18.56 (21.20)

2 Reston Masters Swim Team-10 A 2:27.27 2:21.43
1) Sidoti, Barbara W27 2) Van Cise, Kelsie E W26 3) Trainor, Gabriela W31 4) Cox, Michele M W32
35.81 1:14.13 (38.32) 1:49.48 (35.35) 2:21.43 (31.95)

Men 18+ 200 Yard Freestyle Relay

1 Club Tribe-12 B 1:33.75 1:33.30
1) Head, Carter L M23 2) Hensley, Scott M34 3) Earle, Dan T M44 4) Gallagher, Kevin C M29
23.95 46.76 (22.81) 1:12.12 (25.36) 1:33.30 (21.18)

Men 18+ 200 Yard Medley Relay

1 Arlington Masters-10 A 1:50.00 1:49.01

1) Shu, Jack M24 27.13	2) Frederick, Aaron D M23 56.23 (29.10)	3) Hoang, Ryan M24 1:24.94 (28.71)	4) Schmitt, Sam T M31 1:49.01 (24.07)
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Men 25+ 200 Yard Medley Relay

B			
1 Arlington Masters-10		2:00.00	1:53.39
1) Jordan, John M M31	2) Forster, Derek M M29	3) Summers, Dan M30	4) Marquet, Louis M M29
28.14	59.81 (31.67)	1:26.74 (26.93)	1:53.39 (26.65)

Mixed 18+ 200 Yard Medley Relay

A			
1 Virginia Masters Swim Team-12		1:53.50	1:55.80
1) Adams, Gail W23	2) Harris, Greg M53	3) Clear, Kirk M49	4) Wallace, Devon W26
31.62	1:01.12 (29.50)	1:28.67 (27.55)	1:55.80 (27.13)

Mixed 25+ 200 Yard Freestyle Relay

A			
1 Alexandria Masters Swimming-10		1:42.49	1:43.00
1) Jakubchak, Lindsey N W34	2) McWilliams, Katie L W33	3) Jent, Daniel E M39	4) Lundberg, Erik T M37
27.97	55.47 (27.50)	1:20.42 (24.95)	1:43.00 (22.58)
B			
2 Alexandria Masters Swimming-10		1:57.50	1:53.01
1) Obenhuber, Briana W28	2) Main, Austin M33	3) Aepli, Lauren E W29	4) Taylor, Tim M29
28.42	1:34.12 ()	1:53.01 (18.89)	
C			
3 Alexandria Masters Swimming-10		2:42.00	2:26.57
1) McCready, Matthew J M41	2) Stuart, Ian M M69	3) Baughman, Jess N W33	4) Taylor, Alaina W34
46.99	1:22.97 (35.98)	1:56.26 (33.29)	2:26.57 (30.31)

Mixed 25+ 200 Yard Medley Relay

C			
1 Club Tribe-12		1:49.25	1:47.79
1) Mizerak, Gabrielle M W25	2) Williams, Rich M41	3) Lovett, Michael M38	4) Falcone, Marina W29
28.87	58.96 (30.09)	1:23.22 (24.26)	1:47.79 (24.57)
A			
2 Alexandria Masters Swimming-10		1:55.70	1:54.46
1) Taylor, Tim M29	2) McWilliams, Katie L W33	3) McHenry, Scott M M25	4) Jakubchak, Lindsey N W34
29.23	1:04.01 (34.78)	1:27.05 (23.04)	1:54.46 (27.41)
B			
3 Alexandria Masters Swimming-10		1:57.90	1:59.33
1) Obenhuber, Briana W28	2) Vayda, Robert J M29	3) Jent, Daniel E M39	4) Aepli, Lauren E W29
32.29	1:03.65 (31.36)	1:30.62 (26.97)	1:59.33 (28.71)
C			
4 Alexandria Masters Swimming-10		2:11.40	2:12.31
1) Vayda, Shannon E W28	2) Taylor, Alaina W34	3) Bales, Paul M58	4) Lundberg, Erik T M37
38.49	1:18.88 (40.39)	1:48.26 (29.38)	2:12.31 (24.05)
D			
5 Alexandria Masters Swimming-10		2:13.00	2:15.56
1) Golding, Alex W M25	2) Baughman, Jess N W33	3) Main, Austin M33	4) Mazur, Jessica W36
33.79	1:15.25 (41.46)	1:49.19 (33.94)	2:15.56 (26.37)

Mixed 45+ 200 Yard Medley Relay

A			
1 Germantown Maryland Masters-10		NT	2:45.31
1) Andrews, Lynne W69	2) Dombay, Denise L W50	3) Robinson, Dave D M73	4) Boyle, Michael F M65
42.80	1:22.56 (39.76)	2:02.78 (40.22)	2:45.31 (42.53)